

## EMERGENCY ALERT UNITS

Contact Cape-Atlantic 609-823-1850  
Connect America 1-800-215-4206  
Life Assure 1-800-685-5252  
Lifeline 1-800-242-1306

## ADDITIONAL SERVICES

Cape Counseling  
609-465-4100

CARA - Coalition Against Rape & Abuse  
609-522-6489

Homelessness Prevention  
609-886-2662

Homeless Hotline (after 4:30PM)  
609-886-1325

H.O.P.E. Bereavement Support  
1-856-224-2200

Meals on Wheels  
609-886-2784

Native American Advancement Corp.  
Weatherization  
856-455-0600

USDA Home Repair Loans & Grants  
856-205-1225

Veteran's Bureau  
609-886-2762

# Cape May County

## Resources for the Elderly and Disabled

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Guide to be used as resource only  
Information subject to change

**Cape May County Division of  
Aging & Disability Services**  
4005 Rt. 9 South  
Rio Grande, NJ 08242  
609-886-2784

## SUPPORT SERVICES INFORMATION & REFERRAL

Cape May County Social Services  
Call Center  
609-886-6200 Ext. 484

Division of Aging & Disability Services  
609-886-2784  
Contact for information and referrals:  
PAAD/Lifeline, Mobile Meals, Respite, and  
Adult Protective Services

Puerto Rican Action Committee (PRAC)  
609-861-5800

United Way First Call for Help  
609-729-2255

## TRANSPORTATION

Access Link Services  
1-800-955-2321

Cape May County Fare Free  
609-889-3700

Logisticare (Medicaid Only)  
1-866-527-9933

New Jersey Transit of South Jersey  
1-800-582-5946 or 973-275-5555

Reduced Fare Office  
1-800-772-3606 or 973-491-7112

## SENIOR CENTERS

Blind Center of the Jersey Cape  
PO Box 624  
CMCH, NJ 08210  
609-465-0510

Dennis Township Senior Center  
571 Petersburg Rd  
Dennisville, NJ 08214  
609-861-3137

Howard Stainton Senior Center  
1735 Simpson Ave.  
Ocean City, NJ 08226  
609-398-2552

Lower Cape Senior Center  
2612 Bayshore Road  
Villas, NJ 08251  
609-886-5161

Middle Township Senior Center  
23 Romney Pl  
CMCH, NJ 08210  
609-465-8865

North Wildwood Senior Center  
10<sup>th</sup> and Central Ave  
North Wildwood, NJ 08260  
609-522-7611

Upper Township Senior Center  
1369 Stagecoach Road  
Ocean View, NJ 08230  
609-390-9409

## ADULT MEDICAL DAY CARE

**Golden Heart** 609-788-0067  
101 Shore Road  
Somers Point, NJ 08244

**Senior Care** 609-465-8840  
211 South Route 9 South, Suite 303  
CMCH, NJ 08210

## IN HOME CARE

**Bayada** 609-926-4600  
35 Central Square  
Linwood, NJ 08221

**Griswold Home Care** 609-398-2424  
3323 Simpson Ave., Suite 2  
Ocean City, NJ 08226

**Holy Redeemer** 609-465-2082  
1801 North Route 9  
Swainton, NJ 08210

**Atlantic Cape Home Care** 609-399-4788 or  
888-707-6073  
1028 Asbury Ave.  
Ocean City, NJ 08226

**Synergy Home Care** 609-486-6627  
539 So. Shore Road  
Marmora, NJ 08223

**Visiting Angels** 609-545-8258  
110 Roosevelt Blvd., Suite 109  
Marmora, NJ 08223

## MEDICAID INFORMATION

**CMCSS- Adult Medicaid Unit**  
4005 Rte. 9 South  
Rio Grande, NJ 08242  
609-886-6200 Ext. 489

## VISITING PHYSICIANS

**Dr. Ruiz – Visiting Podiatrist**  
856-825-9009

**Classic Health Care Physicians**  
609-653-3100

**Primary Housecall Providers**  
609-788-4576

## ASSISTED LIVING

**Brookdale** 609-463-6344  
591 Rte 9 South  
CMCH, NJ 08210

**Shores at Wesley** 609-399-8505  
22<sup>nd</sup>& Bay Ave  
Ocean City, NJ 08226

**Victoria Commons** 609-898-0044  
3809 Bayshore Road  
North Cape May, NJ 08204

## RESIDENTIAL HEALTHCARE

**Dennis Creek** 609-427-7104  
Route 47, Box 2057  
Eldora, NJ 08270

## NURSING HOMES

**Autumn Lake (with Assisted Living)**  
2721 US Hwy 9  
Ocean View, NJ 08230  
609-624-3881

**Court House Center**  
144 Magnolia Drive  
CMCH, NJ 08210  
609-465-7171

**Crest Haven Nursing & Rehab**  
Crest Haven Road  
CMCH, NJ 08210  
609-465-1260

**North Cape Nursing & Rehab**  
700 Townbank Rd.  
North Cape May, NJ 08204  
609-898-8899

**Oceana Nursing & Rehab**  
502 US Hwy, No. 9 North  
Swainton, NJ 08210  
609-465-7633

**Victoria Manor**  
3809 Bayshore Rd  
North Cape May, NJ 08204  
609-898-0677

**Wesley Manor**  
22<sup>nd</sup>& Bay Ave.  
Ocean City, NJ 08226  
609-399-8505

## SENIOR HOUSING COMPLEXES

**Bayview Manor**  
Ocean City Housing Authority  
204 Fourth Street  
Ocean City, NJ 08226  
609-399-1062

**Conifer Village**  
3805 Bayshore Road  
North Cape May, NJ 08204  
609-886-5400

**Lion's Center**  
3360 New Jersey Ave.  
Wildwood, NJ 08260  
609-729-1111

**Marina Bay Towers**  
610 New York Ave.  
North Wildwood, NJ 08260  
609-523-2703

**Sandman Towers**  
3700 New Jersey Ave.  
Wildwood, NJ 08260  
609-729-0220

**Victorian Towers**  
608 Washington St.  
Cape May, NJ 08204  
609-884-5883

**Yorkshire Place**  
664 Townbank Road  
North Cape May, NJ 08204  
609-898-0730