

# CAPE MAY COUNTY RESOURCES FOR THE ELDERLY AND DISABLED

## SUPPORT SERVICES INFORMATION & REFERRAL FOR SENIORS

### DIVISION OF AGING AND DISABILITY SERVICES

Executive Director  
Freeholder

M<sub>a</sub>r<sub>y</sub> E. Dozier [Mary.Dozier@co.cape-may.nj.us](mailto:Mary.Dozier@co.cape-may.nj.us)  
Jeffrey Pierson [Jeffrey.Pierson@co.cape-may.nj.us](mailto:Jeffrey.Pierson@co.cape-may.nj.us)

**(609) 886-2784**

**Fax# (609) 889-0344**

Provides Information and Referral, insurance options, PAAD/Lifeline applications, Mobile Meals, PERS, assess for services, Statewide Respite programs, JACC, Adult Protective Services and other programs for older and disabled residents of Cape May County.

### CAPE MAY COUNTY DIVISION OF SOCIAL SERVICES

4005 Rte 9 South  
Rio Grande, NJ 08242

**Adult Medicaid** (609)-886-6200 ext. 489

Supervisor- Anmarie Abbatiello [AnmarieAbbatiello@cmcbss.com](mailto:AnmarieAbbatiello@cmcbss.com)

MLTSS- In-home care, Assisted Living, and Nursing Home, for income eligible individuals 65 or older or disabled-Jersey Care Medicaid

**Call Center (609)-886-6200 ext. 484 For:**

**Emergency Assistance** Supervisor-Peg Donahue [PegDonahue@cmcbss.com](mailto:PegDonahue@cmcbss.com)

Assistance with back rent or utilities when unpaid due to an emergency

**Supplemental Nutrition Assistance Program-** SNAP/SNAS

Formerly known as Food Stamps-offers assistance with purchasing food for eligible participants.

## NURSING HOMES

GENESIS COURT HOUSE CENTER  
144 Magnolia Drive  
CMCH, NJ 08210  
(609)465-7171 Fax: (609)465-8353

CREST HAVEN NURSING & REHAB  
12 Moore Road  
CMCH, NJ 08210  
(609)465-1260 Fax: (609)465-0738

VICTORIA MANOR  
3809 Bayshore Road  
North Cape May, NJ 08204  
(609)-898-0677 Fax: (609)-898-1186

AUTUMN LAKE HEALTH CARE  
2721 Rte. 9  
Ocean View, NJ 08230  
(609)624-3881 Fax: (609)624-3771

NORTH CAPE CENTER  
700 Town Bank Rd.  
North Cape May, NJ 08204  
(609)898-8899 Fax: (609)465-8335

OCEANA NURSING HOME & REHAB  
502 Rte. 9 North  
CMCH, NJ 08210  
(609)465-6360 Fax:(609)465-8335

UNITED METHODIST COMMUNITIES AT  
THE SHORES  
2201 Bay Ave.  
Ocean City, NJ 08226  
(609)399-8505 Fax: (609)391-8411

## ASSISTED LIVING

BROOKDALE OF CAPE MAY  
591 Rte 9 South  
CMCH, NJ 08210  
(609)463-6344 Fax: (609)463-6345

THE SHORES AT WESLEY MANOR  
2201 Bay Ave.  
Ocean City, NJ 08226  
(609)399-8505 Fax:(609)391-8411

VICTORIA COMMONS  
610 Town Bank Road  
North Cape May, NJ 08204  
(609)898-0044 Fax: (609)898-9644

AUTUMN LAKE HEALTH CARE  
2721 Rte. 9  
Ocean View, NJ 08230  
(609)624-3881 Fax: (609)624-3771

SANDMAN TOWERS  
3700 New Jersey Ave Office 100  
Wildwood, NJ 08260  
(609)729-0778 Fax: (609)729-4168

## RENTAL ASSISTANCE

CAPE.MAY & ATLANTIC COUNTY RENTAL  
ASSISTANCE  
(609)441-3334

## HOUSING AUTHORITIES/HUD

Information concerning low cost public housing

Cape May Housing Authority  
639 Lafayette Street  
Cape May, NJ 08204  
(609) 884-8703 Fax (609) 884-9028

Ocean City Housing Authority  
204 E. 4<sup>th</sup> Street  
Ocean City, NJ 08226  
(609) 399-1062 Fax: (609) 399-7590

Wildwood Housing Authority  
3700 New Jersey Avenue  
Wildwood, NJ 08260  
(609) 729-0220 Fax: (609) 729-4168

Woodbine Manor Apartments  
201 Webster Street  
Woodbine, NJ 08270  
609-861-2047

## **HOUSING FOR SENIORS**

Eligibility requirements for admission age minimum is 62 years or older.

### Conifer Village at Cape May

3805 Bayshore Road  
Cape May, NJ 08204  
(609) 886-5400 Fax: (609) 886-5402

### Haven House

676 Town Bank Road  
North Cape May, NJ 08204  
(609) 884-4548 Fax (609) 884-4313

### Lions Center

3300 New Jersey Avenue  
Wildwood, NJ 08260  
(609) 729- 1111 Fax: (609) 729-0611

### Marina Bay Towers

610 New York Avenue  
North Wildwood, NJ 08260  
(609) 523-2703 Fax: (609) 523-2704

### Sandman Towers

3700 New Jersey Avenue Office 100  
Wildwood, NJ 08260  
(609) 729-0778 Fax: (609) 729-4168

### Victorian Towers

608 Washington Street  
Cape May, NJ 08204  
(609) 884-5883 Fax (609) 884-5625

### Yorkshire Place

664 Townbank Road  
North Cape May, NJ 08204  
(609) 898-0730 or 844-227-8211  
Fax (609) 898-1221

### Wesley By The Bay

2419 Bay Avenue  
Ocean City, NJ 08226  
(609) 399-6702 Fax: (609) 399-6704

## **OTHER HOUSING RESOURCES**

### CHANNEL APARTMENTS

3910 Bayshore Road  
N Cape May, NJ 08204  
609-884-0026

### MEADOW LARK APARTMENTS

609-770-2425

### TOWN BANK MANOR APARTMENTS

620 Town Bank Road  
N Cape May, NJ 08204  
609-884-8565

## **OTHER RESOURCES**

### United Way First Call For Help

609-729-2255

### HOMELESS HOTLINE

**(609)886-1325**

### HOMELESS PREVENTION PROGRAM

**609-886-2662**

### Emergency Corps 856-696-5252

### Emergency Housing VETS

Jackie Blades 609-729-0997  
Cape Counseling 609-463-0014

### COALITION AGAINST RAPE & ABUSE

(CARA) PH: 609-522-6489

### SOCIAL SECURITY ADMINISTRATION

1046 Rte. 47 N  
Rio Grande, NJ 08242  
Toll Free# 1-800-772-1213  
Local# 1-877-405-9194

### FAMILY SUCCESS CENTER

Rio Grande Community Support Services  
1046 B Route 47 North  
Rio Grande NJ, 08242  
(609)778-6226

### THE BRANCHES OUTREACH CENTER

1304 Rte. 47  
Rio Grande, NJ 08242  
609-886-5960

JERSEY CAPE DIAGNOSTIC, TRAINING &  
OPPORTUNITY CENTER  
152 Crest Haven Road Building #22  
CMCH, NJ 08210  
(609)465-4117  
1121 Rte. 47  
Rio Grande, NJ 08242  
609-889-6803

### ADULT MEDICAL DAY CARE FACILITIES

ACTIVE DAY OF CAPE MAY  
211 Route 9 South  
Suite 303  
CMCH, NJ 08210  
(609)465-8840 Fax: (609)465-8841

GOLDEN HEART ADULT DAY HEALTH  
101 Shore Road  
Somers Point, NJ 08244  
609-788-0067 Fax: 609-788-0068

### PERS - PERSONAL EMERGENCY RESPONSE SYSTEMS

LIFE ASSURE 1-800-354-5706  
CONNECT AMERICA 1-800-215-4206

### HOME CARE AGENCIES

BAYADA NURSES  
1940 Rte. 9 North  
CMCH, NJ 08210  
(609)465-1205 Fax: (609)624-1094

GRISWOLD HOME CARE  
3323 Simpson Ave. Suite 2  
Ocean City, NJ 08226  
(609)385-1599 Fax: 888-707-6073

ATLANTIC CAPE HOME CARE  
1028 Asbury Ave  
Ocean City, NJ 08226  
(609)399-4788 or 888-590-4788  
Fax: (609)525-0242

HOLY REDEEMER MEDICAL  
1801 Rte. 9 North  
CMCH, NJ 08210  
(609)465-2082 Fax: (609)463-6121

HOME INSTEAD SENIOR CARE  
112 Woodland Ave  
Suite 201  
Somers Point, NJ 08244  
(609) 927-0203 Fax: (609) 927-0217

SYNERGY HOME CARE  
2300 Rte. 9 North  
CMCH, NJ 08210  
(609) 486-6627 Fax: 486-6625

SENIOR HELPERS  
2021 New Road Suite 108  
Linwood, NJ 08221  
(609) 373-2272

RIGHT AT HOME  
222 New Road Suite 108  
Linwood, NJ 08221  
(609) 788-8236

### VISITING PHYSICIANS

Phoenix House Calls  
Dr. Thomas Lee  
1-856-439-0060

Bayside House Call Group  
Dr. James Lavis, Medical Director  
2 E 14<sup>th</sup> Street  
Ocean City, NJ 08226  
1-800-513-3680 fax 888-503-8365

PRIMARY HOUSECALL PROVIDERS LLC  
1795 Somers Point Road  
EHT, NJ 08234  
(609) 788-4576

VISITING PODIATRISTS  
Bayside Foot & Ankle  
609-926-7006

### MEDICAL & HEALTH RELATED SERVICES

American Cancer Society  
Atlantic/Cape May Unit  
1851 Old Cuthbert Road  
Cherry Hill, NJ 08034  
Website [www.cancer.org](http://www.cancer.org)  
856-616-1650 Toll Free 1-800-227-2345

American Red Cross  
Southern Shore Chapter  
34 East Mechanic Street  
Cape May Court House, NJ 08210  
Website [www.redcross.org](http://www.redcross.org)  
(609) 465-7382 Fax (609) 463-1801

ARC of Cape May County, Inc.  
822 Rt. 47, P.O. Box 255  
South Dennis, NJ 08245  
(609) 861-7100 Fax (609) 861-0591

Cape Assist  
Preventing & treating substance abuse  
3819 New Jersey Avenue  
Wildwood, NJ 08260  
(609)522-5960 Fax: (609)522-4074  
Website [www.capeassist.org](http://www.capeassist.org)

Cape Counseling Services, Inc.  
128 Crest Haven Road  
Cape May Court House, NJ 08210  
PH: (609) 465-4100  
1129 Rte. 9 South Suite 1  
CMCH, NJ 08210  
609-465-4829  
Emergency Crisis Hotline 609) 465-5999  
Website: [www.capecounseling.org](http://www.capecounseling.org)

Volunteers in Medicine  
423 North Route 9  
Cape May Court House, NJ 08210  
(609) 463-2846  
Website: [vimcmc.org](http://vimcmc.org)

Complete Care Medical and Dental Professionals  
3 Broadway  
Cape May Court House, NJ 08210  
609-465-0258 Fax 609-465-5436  
3700 New Jersey Ave  
Wildwood, NJ 08260  
Fax 609-522-3484  
Website: [completecarenj.org](http://completecarenj.org)  
Cape May County Health Department  
6 Moore Road  
Cape May Court House, NJ 08210  
Nursing Division (609) 465-1200  
(Nursing Division has information for Diabetes  
Education, Hypertension and Lipids detection)  
Health Education (609) 465-1225  
CEED (Cancer Education Early Detection Program)  
(609) 465-1047 Website: [capemaycountygov.net](http://capemaycountygov.net)

## TRANSPORTATION

Fare Free Transportation  
(609) 889-3700

### **New Jersey Transit**

(973) 275-5555

Reduced Fare for Seniors & Disabled  
(973) 491-7112

Access Link Services (parallels NJ Transit bus  
routes) 1-800-955-2321

Logisticare - Medicaid Only  
1-866-527-9933

## CHORE/CLEANING SERVICES

It's Spotless 609-334-4333  
(Ask for info on Chore Program)

Gofers 609-884-1997

## CMC SENIOR CENTERS/ CONGREGATE NUTRITION SITES

HOWARDS. STAINTON SENIOR CENTER  
1735 Simpson Ave.  
Ocean City, NJ 08226  
(609)398-2552

LOWER CAPE SENIOR CENTER  
2612 Bayshore Road  
Villas, NJ 08251  
(609) 886-0070

NORTH WILDWOOD SENIOR CENTER  
10<sup>th</sup> and Central Avenues  
North Wildwood, NJ 08260  
(609) 729-2090

UPPER TWP WELLNESS CENTER  
1369 Old Stagecoach Road  
Palermo, NJ 08230  
609-390-9409

## **OTHER SENIOR CENTERS**

BLIND CENTER OF THE JERSEY CAPE  
PO Box 624  
CMCH, NJ 08210  
(609)624-0931  
Meetings Tuesday and Thursdays 10am-1 pm  
First Methodist Church  
3344 Dune Drive  
Avalon, NJ 08202  
609-967-4204

AVALON SENIOR CITIZENS BUILDING  
3100 Dune Drive  
Avalon, NJ 08202  
609-967-8200

DENNIS TOWNSHIP SENIOR CITIZENS  
CENTER  
571 Petersburg Road  
PO Box 204  
Dennisville, NJ 08214  
609-861-3137

MIDDLE TOWNSHIP DEVICO SENIOR  
CENTER  
23 Romney Place  
CMCH, NJ 08210  
609-465-8865

THE MILLMAN CENTER  
209 Bayshore Road  
Villas, NJ 08251  
609-435-5166

## **SUPPORT SERVICES AND INFORMATION & REFERRAL FOR SENIORS**

CONTACT CAPE/ATLANTIC  
Reassurance calls  
9500 Ventnor Ave Bldg 2  
Margate, NJ 08402  
(609)823-1850  
Website: [contactcapeatlantic.org](http://contactcapeatlantic.org)

PUERTO RICAN ACTION COMMITTEE (PRAC)  
801 Washington Ave  
Woodbine, NJ 08270  
(609) 861-5800  
Provides Case Management, transportation,  
information and referral, employment, translation,  
health management, advocacy, housing assistance,  
cultural activities and counseling to Cape May  
County's Hispanic population.  
Website: [pracni.com](http://pracni.com)

SOUTH JERSEY LEGAL SERVICES  
1261 Route 9 South Suite 2  
PO Box 785  
Cape May Court House, NJ 08210  
(609) 465-3001  
Website: [legal-aid.org](http://legal-aid.org)

COMMUNITY HEALTH LAW PROJECT  
4 E. Jimmie Leeds Road Suite 8  
Galloway, NJ 08205  
(856)858-9500

RETIRED SENIOR VOLUNTEER PROGRAM  
(RSVP) Rachel Sanfo  
4005 Route 9 South  
Rio Grande, NJ 08242  
(609) 886-3400 Website: [seniorcorps.gov](http://seniorcorps.gov)

RUTGERS COOPERATIVE EXTENSION  
355 Court House- South Dennis Road  
Cape May Court House, NJ 08210  
(609) 465-5115 Fax: (609) 465-5953  
Website: [niaes.rutgers.edu](http://niaes.rutgers.edu)

VETERAN'S BUREAU  
4005 Route 9 South  
Rio Grande, NJ 08242  
(609) 886-2762  
Website: [capemaycountygov.net](http://capemaycountygov.net)

CONSUMER AFFAIRS  
4005 Route 9 South  
Rio Grande, NJ 08242  
(609) 463-6476  
Website: [capemaycountygov.net](http://capemaycountygov.net)

## CAPE MAY COUNTY SENIOR SERVICES

### ORAL HEALTH/DENTAL

Cape May County Health Department  
Crest Haven Complex  
6 Moore Road CMCH, NJ 08210  
Local contact: Elaine Lee  
(609)-465-6841

### MEDICATION MANAGEMENT

Cape May County Health Department  
Crest Haven Complex  
6 Moore Road CMCH, NJ 08210  
Local contact: Claire Eisenmann  
(609)-465-1199

### GRANDPARENTS RAISING GRANDCHILDREN

Rutgers Cooperative Extension Center  
355 Court House/ South Dennis Road  
Cape May Court House, NJ 08210  
Local contact: Marilou Rochford  
(609)-465-5115  
[rochford@njaes.rutgers.edu](mailto:rochford@njaes.rutgers.edu)

## PROFESSIONAL IN-HOME EDUCATION AND SUPPORT

### SJ GERIATRICS

Pres. Lori Heberley  
PO Box 25  
Somers point, NJ 08244  
856-429-3494 Fax: 856-229-7683  
[sjgeriatric@yahoo.com](mailto:sjgeriatric@yahoo.com)

## SUPPORT GROUPS

### ALZHEIMER'S ASSOCIATION

Contact Center/ Helpline  
1-800-272-3900

### LIFESTYLE MANAGEMENT

Cape Regional Medical Center  
2 Stone Harbor Blvd.  
CMCH, NJ 08210  
609-463-4043

## LOCAL OFFICES OF STATE AGENCIES

### COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED (CBVI)

Administrator: Jack Thompson  
Email: [Jack.Thompson@dhs.state.nj.us](mailto:Jack.Thompson@dhs.state.nj.us)  
Southern Region/Cherry Hill Office: 856-482-3700  
Atlantic City Office: 609-441-3074

### DIVISION OF DEVELOPMENTAL DISABILITIES

5218 Atlantic Ave, Suite 205  
Mays Landing, NJ 08330  
(609) 476-5200

### NJ DIVISION OF VOCATIONAL REHABILITATION SERVICES-CAPE MAY OFFICE

Location: One Stop Career Center  
3810 New Jersey Avenue  
Wildwood, NJ 08260  
609-729-0997 Fax 609-729-8455

### RESOURCES FOR INDEPENDENT LIVING

Manager: Joseph McKeever  
614 Landis Ave p<sup>t</sup> Floor  
Vineland, NJ 08360  
PH: 856-825-0255 TTY: 856-213-5431  
Email: [jmckeever@rilnj.org](mailto:jmckeever@rilnj.org)  
Website: [www.rilnj.org](http://www.rilnj.org)  
Local Contact: Debra Behnke  
856-279-0400  
Email: [dbehnke@rilni.org](mailto:dbehnke@rilni.org)

## RECREATION FOR INDIVIDUALS WITH DISABILITIES

### THE ARC OF CAPE MAY, INC.

822 Rte. 47  
PO Box 255  
South Dennis, NJ 08245  
(609) 861-7100

### CMC EQUESTRIAN FACILITY

Healing Hooves Therapy Program  
418 Route 47 North  
CMCH, NJ 08210  
(609)675-6765  
Website: [www.cmcefinc.org](http://www.cmcefinc.org)

## UPPER TWP CHALLENGER SPORTS

A co-ed program that adapts team sports (soccer, baseball, and bowling) for kids 5 - 18 with physical and/or intellectual/developmental disabilities

(609) 425-3919

Email: [www.utchallengersports.com](http://www.utchallengersports.com)

## SPECIAL OLYMPICS

1 Eunice Kennedy Shriver Way  
Lawrenceville, New Jersey 08648

(609) 896-8000